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Ski trail maps and
updated grooming reports

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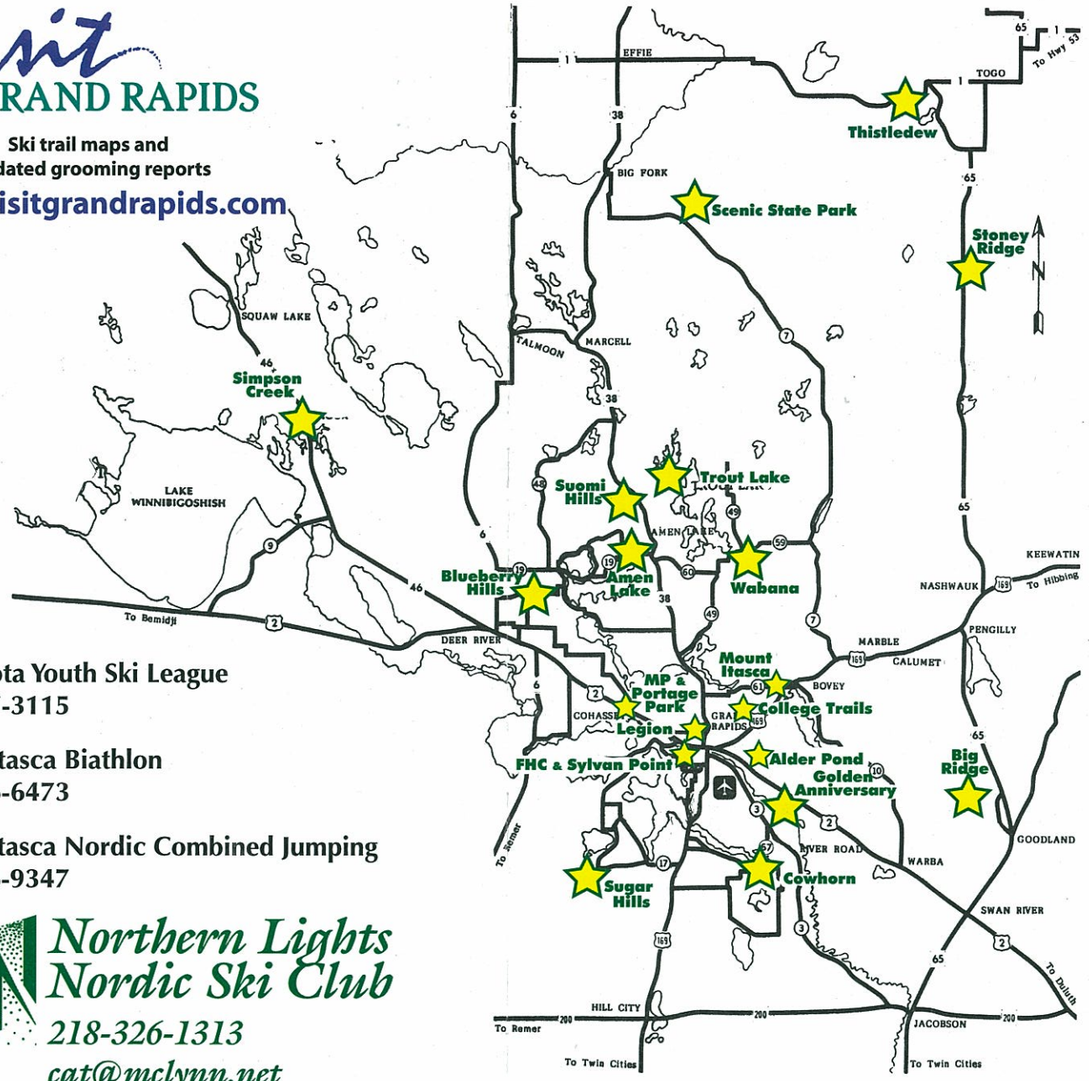

Minnesota Youth Ski League
218-327-3115

Mount Itasca Biathlon
218-326-6473

Mount Itasca Nordic Combined Jumping
218-326-9347

Northern Lights Nordic Ski Club
218-326-1313
cat@mclynn.net

MEMBERSHIP FORM

☐ Sustaining - $50 ☐ Family - $25 ☐ Individual - $15

Name_____

Address_____

_____

Email_____

We promote Nordic skiing as a healthful family activity. Club volunteers groom eight trail systems.

Send to: 33800 N. Shamrock Road
Bovey, MN 55709

SKI TRAILS

A MINNESOTA SKI PASS IS REQUIRED ON ALL GRANT-IN-AID TRAILS.
Passes may be purchased for each skier (16 years or over) at any electronic licensing station. These funds for grooming and maintenance are matched by local volunteer labor.

	KM (1 km = 5/8 mile)	LEVEL	DESCRIPTION
Legion Park Trail 326-2500 - City of Grand Rapids	4	Intermediate	Lighted trail near Grand Rapids High School north on Hwy 38. Classic track and skate lane
Sylvan Point Trail 326-2500 - City of Grand Rapids	6	Beginner	1 mile west on Golf Course Rd, north on SW 14th Ave. to trailhead. Connects new Grand Itasca Hospital with Forest History Center.
Forest History Center 327-4482	4	Beginner	2 miles west on Golf Course Rd, north 1/2 mile on Co. 76. Trails wind through 1900 logging camp and virgin timber.
University of MN College Trails 327-4490	8	Beginner	East Hwy 169 to first college entrance, 1/2 mile to end of road. Classic trails through pine overstory.
Portage Park 328-6225 - City of Cohasset	4	Beginner	West Hwy 2, SW 1 mile on Co. 63, west 1 mile on Lake Street. Trails to scenic river overlook. Dogs allowed.
Minnesota Power Blackwater Trails 328-5711	4	Beginner	West Hwy 2 past stoplight in Cohasset, west 1 mile on Co. 87. Lighted trails, heated chalet. Skate and classic.
Blueberry Hills 328-5191 - City of Deer River	12	Beginner Expert	2 miles north of Deer River on Hwy 6, 3 miles east on Co. 142 (Chase Lake Rd). Wood heat in chalet. Skate and Classic.
Sugar Hills 326-1313 Rajala Companies	28	Intermediate Expert	S. Hwy 169 7 miles, 4 miles west on Co. 17, 3 miles south on 449. Climb to Thunder Mountain for panoramic view. Skate and classic.
Mount Itasca 245-3487	10	Beginner Expert	E. Hwy 169 to Coleraine, west on Co. 61. Fee for Biathlon range, hilly course, snowmaking. Public trails west of chalet. Skate and classic.

Itasca County Park System 327-2855

Alder Pond	10	Beginner	E. Hwy 169 across Prairie River, 2 miles E on Co. 21, 1 mile south on E. Rangeline Rd, 1 mile to trailhead parking. Dogs allowed.
Amen Lake	7	Intermediate	Hwy 38 north 12 miles, Co. 19 west 2 miles, Co. 246 north half mile. Hilly trails connect to south Suomi trails in Chippewa National Forest.
Wabana	10	Intermediate	Hwy 38 north 7 miles, NE 8 miles on Co. 49 and 59. Scenic classic trail.
Big Ridge	10	Intermediate	Hwy 2 East to Hwy 65, north to Goodland, 4 miles to Co. 560, west half mile to parking lot.
Stoney Ridge	10	Intermediate	18 miles north of Nashwauk on Hwy 65. Watch for moose!

DNR State Trails and Waterways 327-4151

Golden Anniversary	3	Intermediate	River Road south 7 miles. Rolling hills and majestic pines.
Cowhorn	8	Intermediate	River Road south 6 miles, west on Wendigo Rd 3 miles, south on Co. 427. No dogs or snowshoeing on Cowhorn Loop.
Boomer-Blue	7	Beginner	River Road south 6 miles, west on Wendigo Rd 4 miles. Dogs allowed, double-tracked with snowshoe lane. Intersects Cowhorn Loop.
Scenic State Park 743-3362	16	Intermediate	7 miles SE of Bigfork on Scenic Hwy 7. Classic trails through majestic pines.
Thistledew	18	Intermediate Expert	34 miles north of Nashwauk on Hwy 65, 4 miles west on Hwy 1. Not groomed regularly

Chippewa National Forest 246-2123

Suomi Hills	35	Intermediate Expert	Hwy 38 north 13 miles to south access or 15 miles to north access. South trail connects to Amen Lake Trail.
Trout Lake	10	Intermediate	Hwy 38 N. 12 miles, east 2 miles on Co. 60, north 2 miles on Co. 335. Double-tracked classic ski 3 miles into Historic Joyce Estate.
Simpson Creek Cutfoot Sioux Visitor Center	20	Beginner Intermediate	18 miles NW of Deer River on Hwy 46. Not groomed regularly. Skiers pack trails.